

Task 1.4**Transitional Goals**

Transitional Goal - Self-Advocacy: Demonstrate skills, behaviors and attitudes to responsibly plan and advocate for personal goals.

Transitional Goal - Daily Living: Demonstrate effective skills to participate in all aspects of age-appropriate daily living and self-help activities.

Classroom Activities/Lesson Plan**Personal Binder: Grooming Check**

Making personal grooming part of a daily routine is necessary for all team members. At this Transition age, team members begin to immerse themselves in community, recreational activities and places of possible future employment. First impressions are often the most lasting, and personal grooming and cleanliness are key to making that first impression a positive one.

A daily grooming checklist is provided for each team member to self-monitor his or her own daily cleanliness habits. Items addressed on the checklist include:

- a clean face
 - brushed hair
 - brushed teeth
 - deodorant
 - clean clothes
- Team members will place a checkmark next to the item(s) that they have completed each morning. A supervisor verifies that each task has been completed prior to arriving at "work".
 - If an item on the checklist has not been completed, the team member may be asked to correct or complete the task and return for a second check. (*Suggestion: Have each team member bring his or her own grooming basket from home at the beginning of the year with soap, toothbrush, toothpaste, comb or brush, deodorant and extra clothing and undergarments.*)
 - This quick activity is of great importance. Discuss how others perceive us and how it is important that we put our best selves forward at all times.
 - The grooming checklist should be stored in the team members' personal binders.

Differentiated Tasks

<i>Level 3</i>	<i>Level 2</i>	<i>Level 1</i>
<ul style="list-style-type: none"> ● Team members will independently check off tasks completed on a personal grooming chart. 	<ul style="list-style-type: none"> ● Team members will indicate tasks completed on a personal grooming chart. 	<ul style="list-style-type: none"> ● Team members will participate in personal grooming by indicating a "ready" signal for specific tasks.

Resources and Materials**Notes**

Grooming Check form








Grooming Check



Name: _____

Week of: _____

Do I have...	Monday	Tuesday	Wednesday	Thursday	Friday
1. ...a clean face? 					
2. ...brushed hair? 					
3. ...brushed teeth? 					
4. ...deodorant on? 					
5. ...clean clothes? 					
Supervisor Approval (initials):					